

How are you relating?

The Medicine Wheel of Drama



Victim

Powerless
Dream Denied/Thwarted
Fears not getting what they want
"Poor Me"

Victimization = Situation
Victimhood = Identity

Persecutor

"The Problem"
Dominates the Victim, Blames, "Tears Down"
Fears Own Victimhood & Loss of Control
"You Poor #*!"

Rescuer

"Pain Reliever"
Keeps Victim 1-Down
Fears Not Being Needed/Loss of Purpose
"Poor You"

Opponent

Fears change and wants to maintain status quo
Goes against ideas for growth and development

TED* (*The Empowerment Dynamic)™

The Medicine Wheel for Empowerment



Creator	Claims Power to Choose and Respond Focuses on Outcomes "I Can Do It"
Challenger	Calls Forth Learning & Growth Provokes/Evokes Action Conscious/Constructive "You Can Do It!"
Coach	Supports and Assists Creating Outcomes Facilitates Clarity of Vision/Actions by Asking Questions "How Will You Do It?"
Champion	Maintains Growth and Development Provokes/Evokes Action Drives Team/Ideas Forward "We Can Do This!"

