	FAMILY MEMBERS	FRIENDS	WORK	COMMUNITY	WORLD/ STRANGERS	OTHER
LET OTHERS GO FIRST						
BE AUTHENTIC – Be honest & Be Yourself						
NOTICE & APPRECIATE						
LISTEN						
ASK, BE CURIOUS						
INTEGRITY - What's right, not what's convenient						
HELP & GIVE						
BE PRESENT & ATTUNE						
BE COURTEOUS						
CREATE BEAUTY						
WITHHOLD JUDGMENT/USE DISCERNMENT						
NOURISH – OTHERS AND SELF						